

PE Yearly Overview 2025/26

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Early Years	INTRO 2 PE UNIT 1 (Social Me) PE FUNDAMENTALS UNIT 1 (Thinking Me)	BALL SKILLS UNIT 1 (Physical Me) GAMES UNIT 1 (Thinking Me)	DANCE (Creative Me) INTRO 2 PE UNIT 2 (Healthy Me)	GYMNASTICS (Personal Me) PE FUNDAMENTALS UNIT 2 (Healthy Me)	ATHLETICS (Social Me) Football FUNDAMENTALS (Personal Me)	BALL SKILLS UNIT 2 (Social Me) GAMES UNIT 2 (Physical Me)
Year 1	PE FUNDAMENTALS (Thinking Me) INVASION GAMES (Creative Me)	BALL SKILLS (Physical Me) FITNESS (Healthy Me)	DANCE (Personal Me) SENDING AND RECEIVING (Physical Me)	GYMNASTICS (Creative Me) NET AND WALL GAMES (Social Me)	ATHLETICS (Healthy Me) FOOTBALL FUNDAMENTALS (Social Me)	TARGET GAMES (Thinking Me) STRIKING AND FIELDING (Physical Me)
Year 2	PE FUNDAMENTALS (Thinking Me) INVASION GAMES (Creative Me)	BALL SKILLS (Physical Me) FITNESS (Healthy Me)	DANCE (Personal Me) SENDING AND RECEIVING (Physical Me)	GYMNASTICS (Creative Me) NET AND WALL GAMES (Social Me)	ATHLETICS (Healthy Me) FOOTBALL FUNDAMENTALS (Social Me)	TARGET GAMES (Thinking Me) STRIKING AND FIELDING (Physical Me)
Year 3	FOOTBALL (Social Me) TAG RUGBY (Physical Me)	BASKETBALL (Personal Me) HOCKEY (Physical Me)	DANCE (Creative Me) HANDBALL (Thinking Me)	GYMNASTICS (Creative Me) OAA (Social Me)	ATHLETICS (Thinking Me) CRICKET (Thinking Me)	ROUNDERS (Social Me) TENNIS (Healthy Me)
Year 4	FOOTBALL (Social Me)	NETBALL (Personal Me)	DANCE (Creative Me)	GYMNASTICS (Creative Me)	SWIMMING	ROUNDERS (Social Me)

	TAG RUGBY (Physical Me)	HOCKEY (Physical Me)	HANDBALL (Physical Me)	OAA (Social Me)	ATHLETICS (Thinking Me)	TENNIS (Healthy Me)
Year 5	FOOTBALL (Physical Me)	BASKETBALL (Thinking Me)	DANCE (Creative Me)	GYMNASTICS (Creative Me)	ATHLETICS (Personal Me)	ROUNDERS (Physical Me)
	TAG RUGBY (Social Me)	HOCKEY (Personal Me)	HANDBALL (Thinking Me)	OAA (Social Me)	CRICKET (Healthy Me)	TENNIS (Thinking Me)
Year 6	FOOTBALL (Physical Me)	NETBALL (Social Me)	DANCE (Creative Me)	GYMNASTICS (Creative Me)	ATHLETICS (Personal Me)	ROUNDERS (Physical Me)
	TAG RUGBY (Social Me)	HOCKEY (Personal Me)	HANDBALL (Thinking Me)	OAA (Social Me)	CRICKET (Healthy Me)	TENNIS (Thinking Me)